Fasting Confessions

Fasting is my Lord's will for me, His disciple. [Mat 9:15]

Fasting prepares me to bear my cross, which is to walk in Manifested Glory.

Fasting brings my will, my emotions, and my core motivations into alignment with Christ.

Fasting reminds me that I am willing to suffer pain in order that the Father's will be done on earth. It does not matter what my body, my emotions, or my ego suffers. I am willing to endure pain and suffering for the kingdom of God.

Fasting is part of the Christian soldier's boot camp.

Fasting helps me to endure hardness as a good soldier of Jesus Christ.

Fasting is one method of keeping my body under so that I do not become a reprobate castaway.

Fasting enforces the positional truth of the death of the body. Body, you do not rule over me. Body, you serve me as I serve the Lord.